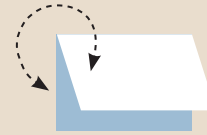




Free Being Me Pledge Card template



I promise to do my best to share these messages by...

1)

2)

1)

2)

By taking part in Free Being Me, I have learned...

1)

2)

Free Being Me key messages

There isn't just one way to look beautiful.

What's inside matters the most.

It's great to appreciate what our bodies can do, as well as what they look like.

It's important to be yourself. We are all different, and that makes us special.

People don't decide if they like you or not just based on what you look like.

