

The Hong Kong Girl Guides Association
Interest Certificate Syllabus
Ranger Section

Sailing Permit

Ranger who hold the Level 1 Dinghy Certificate issued by the Hong Kong Sailing Federation may apply for Conversion of Sea Activity Qualification through the HKGGA Programme Department.

- I. Learn about and introduce the name of each part of a boat.
- II. Learn about and introduce each nautical term.
- III. Demonstrate the following knots:
 1. Figure-8 Knot
 2. Round Turn & Two Half Hitches
 3. Bowline
 4. Reef Knot
- IV. Introduce different points of sail.
- V. Learn about and introduce how to handle the following manoeuvres with the mainsheet at the stern and in the middle of a boat respectively:
 1. Tacking
 2. Gybing
- VI. Introduce the following methods of stopping a boat:
 1. Pointing the bow upwind
 2. The basic method
- VII. Introduce capsized recovery.

Hong Kong Award for Young People

- Holders of this permit are qualified for the Physical Recreation Section at the Bronze (Minors) Level of the HKAYP.
- Candidates who have completed the Physical Recreation Section at the Bronze Level of the HKAYP in the corresponding item are qualified for this permit.