

**The Hong Kong Girl Guides Association  
Interest Certificate Syllabus  
Ranger Section**

**Overnight Hiking Permit**

Recommended and approved by the Executive Committee of the Unit and District Commissioner, with a signed Parent's Consent Form.

- I. List out the personal items that one needs for an overnight hiking in any weather, and demonstrate how to put them in a backpack.
- II. With no less than 3 Rangers, go on an overnight hiking with a distance of no less than 25 km. Design the route, including itinerary plan, route choice, backup routes, where to seek help and backup food. The Assessor will conduct the assessment during the journey. Ranger can stay in a tent or youth hostel at night.
- III. How to respond to emergency and call for help during an overnight stay and hiking (e.g. getting lost, wildfire, bad weather, etc.).
- IV. Safety precautions for hiking and the countryside code.
- V. Share this overnight hiking journey with your Unit and District Commissioner.

**Hong Kong Award for Young People**

- Candidates who have completed the Adventurous Journey Section at the Silver Level of the HKAYP are qualified for this permit.