

**The Hong Kong Girl Guides Association
Interest Certificate Syllabus
Ranger Section**

Orienteering

- I. Complete at least 3 orienteering competitions.
- II. Fulfil one of the following:
 1. Hold the Level 2 Orienteering qualification of the Orienteering Association of Hong Kong.
 2. Introduce or demonstrate the following to the Assessor:
 - i. History of orienteering
 - ii. Orienteering activities in Hong Kong
 - iii. Types of orienteering
 - iv. Equipment for orienteering
 - v. Map reading
 - Scale and magnetic north
 - Set map
 - Meaning and identification of the symbols and colours of the legend
 - Spacing between the contour lines and the landforms represented
 - vi. Global vision and international control description symbols
 - vii. Compass and its use in orienteering
 - Structure of a compass
 - Finding directions and navigation
 - viii. Orienteering techniques
 - Thumbing
 - Hand railing
 - Pacing
 - Route choice
 - Attach point
 - Aiming off
 - Collecting features
 - Basic navigation techniques in orienteering
 - ix. Safety rules
 - x. Orienteering competition rules and procedures
 - xi. Speed control and route choice
 - xii. Practice of orienteering (complete a come and try competition)

Hong Kong Award for Young People

- Holders of this certificate are qualified for the Physical Recreation Section at the Bronze (Minors) Level of the HKAYP.
- Candidates who have completed the Physical Recreation Section at the Bronze Level of the HKAYP in the corresponding item are qualified for this certificate. (Note: Must hold the Orienteering Level 2 Certificate from the Hong Kong Orienteering Association for equivalence)