

**The Hong Kong Girl Guides Association  
Interest Certificate Syllabus  
Ranger Section**

**Helmsman**

- I. Demonstrate the following pipes with a Boatswain's Call: "Still", "Carry On", "Hail" and "Piping the Side".
- II.
  1. Explain the on-board duty schedule.
  2. Demonstrate how to strike the ship's bell.
  3. State the 16 directions of a compass.
  4. Locate directions with a compass.
- III. Identify 6 constellations and find out the designated directions.
- IV. Find out the origins of Royal Navy flag (White Ensign), Navy Reserve Fleet flag (Blue Ensign) and British merchant flag (Red Ensign), and which ships are now eligible to fly these flags.
- V. Know about the special symbols and titles of Royal Navy and Women's Royal Navy.
- VI. Demonstrate Sail-makers Whipping and West Country Whipping.
- VII.
  1. Demonstrate 6 of the following knots:
    - Round Turn & Two Half Hitches
    - Bowline
    - Rolling Hitch
    - Double Sheet Bend
    - Double Bowline
    - Fisherman's Knot
    - Slip Bowline
    - Packer's Knot
    - Highwayman's Hitch
  2. Demonstrate Short Splicing, Back Splicing and Eye Splicing.
  3. Know 8 decorative knots and sinnets, including Diamond Knot; demonstrate at least 6 decorative knots and sinnets with a lanyard.
- VIII. Know about the merchant flags of 15 countries.

**Hong Kong Award for Young People**

- Holders of this certificate are qualified for the Skills Section at the Bronze/ Progressive Silver/ Direct Silver (Minors) Level of the HKAYP. (Continuous participation in the activity for a minimum of 6 months) **OR** the Skills Section at the Silver (Major) / Gold (Minors)\* Level of the HKAYP (Continuous participation in the activity for a minimum of 52 hours).
- Candidates who have completed the Skills Section at the Bronze/ Silver Level of the HKAYP in the corresponding item are qualified for this certificate.

\*For Gold Award activities, you need to submit the proposal at least 1 month before the starting date. After the HKGGAOA review, the proposal will be submitted to the Award Office for Section Panels' approval. The activities can only begin after receiving notification of approval from the Section Panels. Late submissions may not be accepted.