

The Hong Kong Girl Guides Association
Interest Certificate Syllabus
Ranger Section

First Aid

Holders of a First Aid Certificate recognised by the Commissioner for Labour, which complies with Cap. 509A Occupational Safety and Health Regulation (<https://bit.ly/3c8harv>), are qualified for this interest certificate.

The certificate must be submitted to the HKGGA Programme Department for approval and issuance of the interest certificate.

Ranger who complete the first aid training course arranged by the First Aid Service Team of the Association and pass the assessment are qualified for this interest certificate.

Assessment content includes:

1. Principles and practices of first aid
2. Actions at an emergency
3. Structure and functions of a body
4. Dressings and bandages
5. Asphyxia
6. Cardio-Pulmonary Resuscitation for adults and infants
7. Managing airway obstruction in adults and infants
8. Wounds, bleeding and circulatory failure
9. Shock and fainting
10. Injuries to bones
11. Injuries to muscles, ligaments and joints
12. The nervous system and unconsciousness
13. Burns and scalds
14. Poisoning
15. Procedures at road accidents
16. Handling and transporting injured persons

(The above content is for reference only. The scope of assessment is subject to the information provided by the assessment agency.)

Remarks

Range must hold a valid certificate in order to apply for this interest certificate. Certificates that are expired will not be accepted.