



The Hong Kong Girl Guides Association
Interest Badge Syllabus
Guide Section

Home Nursing (Stage II)

Must be a holder of Home Nursing Badge (Stage I)

In this stage the patient may not be able to self-help.

Concepts of Home Nursing:

I. To promote Patients' Comfort

Show how to make a bed with the patient in it, including the changing of sheets and arranging the pillows.

II. To measure Patient's Vital Signs

Demonstrate measuring and recording body temperature, pulse and breathing when the patient is not able to self-help.

III. Personal Hygiene

1. How to help a patient with the morning and evening toilet using, including washing in bed, giving a mouth wash and brushing hair.

2. Tell which areas of a patient's body are subjected to pressure in bed and the corresponding influence upon the patient, and how soreness of these areas can be prevented.

IV. Diet and Nutrition

1. Describe the nutritional values of food, quantity of a balanced diet and how they help in recovery.

2. Prepare and serve one of the following: egg custard, jelly, milk pudding, fresh juice, flavoured milk drinks.

3. Set an invalid's tray and show how to feed and give food and drink to a patient who needs help.

V. To give Medications

1. Show how to give medicines by mouth.

2. Describe how to store medicines and pills to prevent danger to small children.

3. Explain "three checks five right" before giving patients medicine to patient.

VI. Observation & Aftercare of Patient's Elimination

1. Explain how to help a patient to use the bedpan and how to change a napkin.

2. Record all the body waste of the patient including frequency, quantity, type, shape, colour, etc.

VII. To prevent Infections

Explain how infections take place and the ways of prevention.



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VIII. Care of Respiratory Disorder

1. Explain how to help a patient to change the oxygen bottle.
2. Explain how to give inhaling medicine to a patient.

IX. Wound Dressing

1. Demonstrate how to help a patient in bed to use cold pad, warm pad and dry dressing on any area of hands and feet and secure it with a bandage.
2. Demonstrate how to change a wound dressing for a patient in bed.

X. To promote Ambulation for the Patient

1. Explain the importance of having activity for a patient in bed and points noted when practising it with the patient.
2. Show how to help a patient to get up and sit in a chair. Help a patient to dress and move about the room or house.

XI. Problem Solving Technique

1. Demonstrate how to convince a patient to do or not to do something.
2. Try to solve the problems given by the Assessor.

Note

Holders of one of the following certificates are qualified for this badge:

- Hong Kong Red Cross – Adult Nursing Certificate
- St. John Ambulance – Adult Home Nursing

Assessor's Qualifications

The Assessor must be a qualified Doctor, a Registered Nurse or an Instructor in Home Nursing of the above organizations.

Remarks

An appointed Guider who holds the above qualification may take this badge assessment for her own Unit.

Hong Kong Award for Young People

This badge is equivalent to the same topic in the Service Section in the Silver Level of the HONG KONG AWARD FOR YOUNG PEOPLE.