



The Hong Kong Girl Guides Association
Interest Badge Syllabus
Guide Section

First Aid (Stage I)

- I. Explain the following:
 1. Aims and principles of First Aid and the responsibility of a First Aider.
 2. Self-protection and anti-infection procedures.
 3. The cause of respiratory failure and treatment. (General cases, not including external artificial respiration.)
 4. The cause of circulation failure and treatment (including shock, fainting and unconscious).
 5. The principles and treatment of bleeding.
 6. The types of burn and their treatment.
 7. The cause of body temperature problem and treatment.
 8. What a fracture is and its treatment.
 9. Causes and treatment of soft tissues injury.
 10. The causes and treatment of poisoning.
 11. The treatment of external bodies into eye, ear, nose and choking.
 12. The correct method of calling for an ambulance, a doctor and police and the correct way of using a public phone.
- II. Demonstrate the following:
 1. Stop bleeding
 2. Bandaging a wound on
 - a. The straight part such as forearm, upper arm, thigh, lower leg, etc.
 - b. The joints such as elbow, knees and ankle
 - c. Back and front of hand and top and bottom of foot
 3. Immobilization of a fracture to
 - a. Collar bone, rib and pelvis
 - b. Upper limbs and lower limbs
- III. Prepare a First Aid kit for your Patrol outing and explain the use of each item.

Note

Holders of one of the following certificates are qualified for this badge:

- Hong Kong Red Cross – Elementary First Aid Course or Standard First Aid Certificate Course
- Hong Kong St. John Ambulance – Basic First Aid Certificate Course
- The First Aid Course organized by the Hong Kong Girl Guides Association



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Assessor's Qualifications

The Assessor must be a qualified Doctor, a Registered Nurse, a current Ambulance man of Fire Services Department or an Instructor in First Aid of the above organizations.

Remarks

An appointed Guider who holds the above qualification may take this badge assessment for her own Unit.

Hong Kong Award for Young People

This badge is equivalent to the same topic in the Service Section in the Silver Level of the HONG KONG AWARD FOR YOUNG PEOPLE.