



The Hong Kong Girl Guides Association  
Interest Badge Syllabus  
**Guide Section**

**Country Walking**

- I. Go on at least three hikes in different areas with your friends or Patrol. These hikes should be for purposes, such as bird-watching, plant-observing etc. On each of these hikes, you must go with at least three other people and cover at least 4 km on foot.
- II. In a logbook, record your journeys, including the full particulars of route charts, journey records, purposes of the journeys and any interesting events on the way.
- III. List the Country Code.
- IV. Make a list of the suitable clothings, footwears and equipment for hiking in a variety of weather conditions.
- V. Describe Safety Rules and the procedures for calling for help.
- VI. Describe how to help protect the environment when hiking, e.g. the concept of “Leave No Trace”.
- VII. Prepare a First Aid kit suitable for your Patrol on a day trip.

**Remarks**

An appointed Guider who holds a valid HKAYP Expedition Instructor Certificate may take this badge assessment for her own Unit.

**Hong Kong Award for Young People**

Candidates who have completed the Expedition Section in the Bronze Level of the HONG KONG AWARD FOR YOUNG PEOPLE in this topic are qualified for this badge.