

The Hong Kong Girl Guides Association
Interest Badge Syllabus
Guide Section

Canoeist Permit

- I. Applicant's Qualification
- Aged 14 or more
 - Holder of Water Test Certification or Swimmer Badge (Stage I)
 - Completion of Canoe Permit training course
- II. Examination Standard
- A. Written Test
1. HKGGA's water sports safety regulations and sea activity centre's activity regulations
 2. Knowledge on personal equipment and life jacket.
 3. Knowledge on and maintenance of canoe and paddle.
 4. Familiarity with the centre's flag signals.
 5. Knowledge on whistle signals.
 6. Knowledge on canoe activity safety
 7. Effect of weather.
 8. Knowledge on rope maintenance and storing
 9. Ability to tie the following knots and to brief on their uses in water sports; reef, bowline, clove hitch, fisherman's knot, sheet bend, round turn & Two half hitches.
- B. Skills Test
1. Wear life jacket
 2. Launch
 3. Embark and disembark
 4. Paddle forward and emergency stop
 5. Paddle backward and emergency stop
 6. Sweep stroke
 7. Raft up
 8. Handle properly after capsize
 9. Empty the canoe by two persons on store
 10. Empty the canoe by one person on store
 11. Stern rudder
 12. Effective uses of the canoe raft
 13. HI-rescue
 14. Draw stroke
 15. Slap for support
 16. X-rescue

Note:

Holders of the Three Stars Award Certification of Elementary Certificate issued by the Hong Kong Canoe Union may apply to the Programme Section for the bridge over.

Assessor's Qualifications:

Must be arranged by the Programme Office