



The Hong Kong Girl Guides Association
Interest Badge Syllabus
Guide Section

Basic Survival

- I. Complete the following to show that you are able to cope with living in the wild:
 1. Explain to the Assessor points to pay attention to when lighting an open fire.
 2. Demonstrate how to cook with an open fire using raw materials for a simple meal of two courses (One with cooking utensils one without).
 3. Demonstrate to the Assessor how you use a pocket knife that you bring to the assessment.
 4. Make a simple one-man shelter from a groundsheet or natural materials (but do protect the natural environment).
 5. Explain to the Assessor how you deal with an emergency case. (The case to be provided by the Assessor).
 6. Demonstrate how to pack and carry your back pack with your camping gears.
- II. List and explain the Country Code.
- III. Stay alone in the wild for half hour and report on what you have noticed of the birds, animals, plants, insect lives, etc., around you. You may do this clause beforehand in a suitable locality, and bring a certificate to the assessment.

Note

1. Firewood and Charcoal can be used for fire lighting.
2. Cooking equipment includes cook set and mess tin.